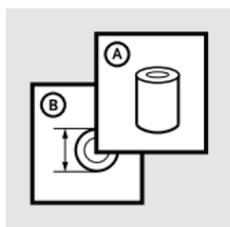


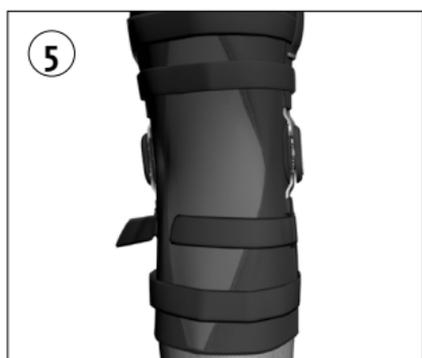
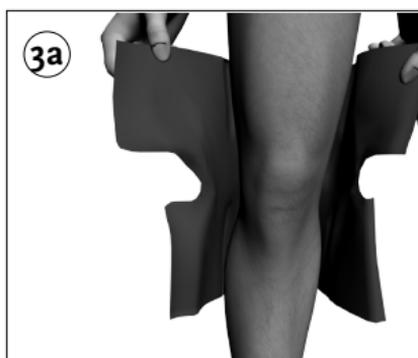
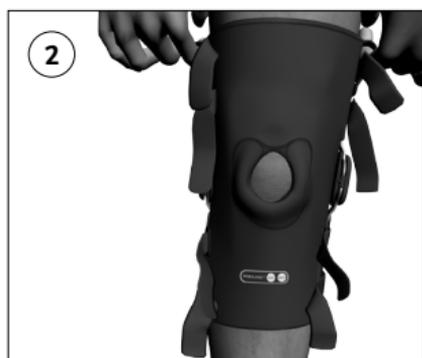
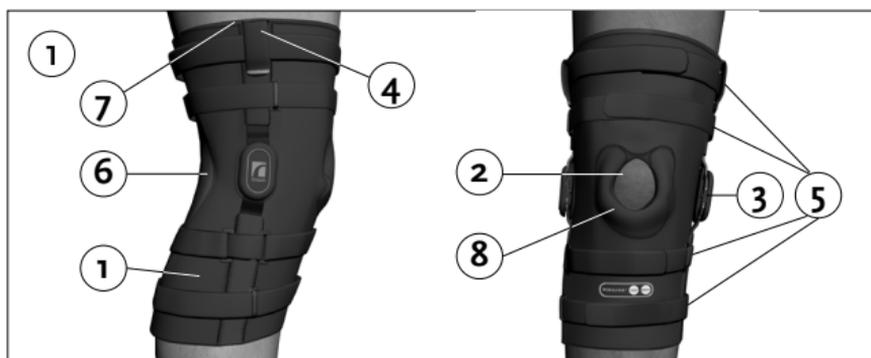


Instructions for Use

REBOUND ROM KNEE BRACE



		3
EN	Instructions for Use	4
DE	Gebrauchsanweisung	6
FR	Notice d'utilisation	9
ES	Instrucciones para el uso	11
IT	Istruzioni per l'uso	13
NO	Bruksanvisning	15
DA	Brugsanvisning	17
SV	Bruksanvisning	19
EL	Οδηγίες Χρήσης	21
FI	Käyttöohjeet	23
NL	Gebruiksaanwijzing	25
PT	Instruções de Utilização	27
PL	Instrukcja użytkowania	29
JA	取扱説明書	31
ZH	中文说明书	33
KO	사용 설명서	35



WARNING

Read the following instructions carefully before using the device.

- Federal law requires this device to be sold by a physician or by the order of a physician.
- Caution should be used if prescribed for patients with diabetes, vascular deficiency, and neuropathy:
 - The skin should be checked regularly.
- Ensure patient performs circulation checks. If loss of circulation is felt, or if the knee brace feels too tight, the patient should contact their medical professional immediately.
- The device should not be applied on patients who are not able to communicate discomfort.
- Before application, confirm all product components are included and undamaged. If any parts are missing or damaged, please contact your local Össur Customer Service Representative. Contact information can be found on the back of this document.

COMPONENTS (Figure 1):

1. Aerospacer softgood (sleeve or wrap; sleeve shown)
2. Patella opening
3. ROM Hinges (2)
4. Pull tabs (2)
5. Straps (5 on long version; 2 on short version; long shown)
6. Yellow Strap Tab
7. Trimmable patella buttress
8. Flex/Ext stops, screwdriver (1 bag, not shown)

INDICATIONS

Mild to moderate ACL and/or PCL, MCL and LCL instabilities, sprains and strains

APPLICATION

Note! For best results:

- a. When contouring hinge arms, remove hinges from softgood and bend hinge arms as desired. Re-apply hinges to softgood before application ensuring the hinge arms are completely seated within the hinge pockets and the hinge condyle is secured to the softgood.
- b. Adjust patella buttress as necessary before application. It can be trimmed or removed as appropriate.

1. APPLICATION OF BRACE:

- a. Sleeve version: Using the pull-tabs, pull softgood up over the knee so that the patella opening is centered over the patella (**Figure 2**).
- b. Wrap-around version: Open the softgood and place behind the knee (**Figure 3a**). Wrap the softgood around the leg (lower portion first) and fasten firmly with the contact closures (**Figure 3b**). The patella opening should be centered over the patella.

2. FASTEN STRAPS

Unroll each strap and fasten in the order shown. The order is the same for both sleeve and wrap-around versions (**Figure 4**):

- a. Strap 1 & 2 **Note:** The yellow strap tab allows the strap tension behind the leg to adjust to size when fitting.

- b. Strap 3 Note (long version only): With the knee in slight flexion, press the hinges slightly posterior. When tightening, ensure the strap is first drawn around the back of leg with moderate tension and press down on the contact fastener. Continue wrapping the strap through the corresponding d-ring. Draw the strap snug and press down the contact fastener.
- c. Straps 4 & 5 Note (long version only): Individually tighten straps 4 and 5 to fix the hinge position mid-line on the leg. Strap length can be adjusted from both ends of the strap (**Figure 5**).
- d. Remove yellow strap tab: Once all straps are adjusted and fastened as desired, remove the yellow strap tab behind strap 2 to secure.

PATELLA CONTROL

Patella buttresses are located within the patella opening of the knee brace. Remove buttress from inside of the brace and attach in desired position.

3. RANGE OF MOTION ADJUSTMENT (ROM)

Adjustment should be performed by a health care professional. The brace comes with 10° extension stops attached to the hinges. If needed, ROM control can be adjusted using the Extension and Flexion stops included with the brace. Extension stops are labeled 0°, 5°, 10°, 20°, 30° and 40°. Flexion stops are labeled 0°, 45°, 60°, 75° and 90°.

ADJUSTING THE ROM:

- a. Remove extension stop retaining screws. Using a screwdriver or pen, slide the 10° stop out of the hinge on both sides (**Figure 6a**).
- b. Re-apply the desired extension stop and gently secure it with the retaining screw (do not over tighten) (**Figure 6b**).
- c. Follow the same procedure for the addition of a flexion stop.

WASHING INSTRUCTIONS:

1. Remove hinges and close all hook/loop fasteners before washing.
2. Hand wash using 30°C (86°F) soapy water. Rinse thoroughly and line dry only.
3. Do not machine wash or dry.
4. For best results, rinse after every use.

Materials: Nylon, Elastane/Spandex, Nylon, Polyester